Florida Medical Clinic • Endocrinology Patient Record of Home Glucose Monitoring - Ambulatory Services

	Breakfast		Lunch		Dinner			espirie)
		Hour(s)		Hour(s)	92	Hour(s)		
Date	Before	After	Before		Before		Bedtime	Comments
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		10 1 Charle		and record the	h 1 d	L.		Patient Information



- 2. Do an extra glucose test if you feel symptoms of high or low blood sugar.
- 3. Please record the following information in the Comments section:
 - Explain a high or low blood glucose Extra food eaten or exercise
 - · Record Insulin dose and time
 - · Additional blood glucose checks
 - Any nausea or vomiting
- 4. Bring all glucose record sheets to all clinic visits.

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