

# Support Resources



Knowing where to obtain reliable and accurate information can be difficult. Here are resources to help you stay informed and take better care of your health.

## On line Resources

### *Forums and On line discussions*

- ◆ DiabeticLivingonline.com
- ◆ Facebook
  - ◆ Diabetes Support
  - ◆ Type 2 Diabetes Support
  - ◆ Sanofi US diabetes
- ◆ Twitter.com/diabetes\_sanofi
- ◆ Communitydiabetes.org
- ◆ Diabetesdaily.com
- ◆ Diabetesforums.com
- ◆ Cornerstone4care.com
- ◆ Stepstodiabetesgoals.com
- ◆ Diabetestravel.org

### *Websites*

- ◆ American Diabetes Association [diabetes.org](http://diabetes.org)
- ◆ American Association of Diabetes Educators [diabetes educator.org](http://diabetes educator.org)
- ◆ American Association of Clinical Endocrinologist [aace.org](http://aace.org)
- ◆ Diabetes 24/7 [247.diabetes.org](http://247.diabetes.org)
- ◆ Diabetes Health [diabeteshealth.com](http://diabeteshealth.com)
- ◆ Diabetes go to guide [journeyforcontrol.com](http://journeyforcontrol.com)
- ◆ Diabetes Research and Wellness Foundation [diabeteswellness.net](http://diabeteswellness.net)
- ◆ Dlife [dlife.com](http://dlife.com)
- ◆ Diatribe [diatribe.org](http://diatribe.org)
- ◆ Academy of Nutrition and Dietetics [eatright.org](http://eatright.org)
- ◆ Joslin Diabetes [joslin.org](http://joslin.org)
- ◆ National Diabetes Education Program [ndep.nih.gov](http://ndep.nih.gov)
- ◆ National Kidney Foundation [kidney.org](http://kidney.org)
- ◆ National Eye Institute [nei.nih.gov/diabetes](http://nei.nih.gov/diabetes)

### *Diabetes Publications*

- ◆ Diabetes Self-Management
- ◆ Diabetes Forecast
- ◆ Diabetic Living
- ◆ Diabetes What to eat?
- ◆ Better Homes and Gardens Diabetes

### *Prescription Help*

- ◆ Blinkhealth.com
- ◆ Most diabetes medication manufacturers offer discount cards and some have programs at no cost. Check regarding your specific medication with your diabetes team.
- ◆ Many pharmacies offer some diabetes oral medications at no or low cost.