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## Patient Personal History & Health Assessment

Name: \_\_\_\_\_ Today's Date: \_\_\_\_\_

DOB: \_\_\_\_\_ Age: \_\_\_\_\_

**Reason for Visit:** Please check all that apply

- Establish with a new Primary Care Physician
- Re-establish - Was a previous patient
- Problems / Complaints to discuss today:

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Who referred you here?** \_\_\_\_\_

**Do you take any prescription medications?**

- No
- Yes - Please list names / dosages / frequency

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Do you take daily vitamins / supplements?**

- No
- Yes

\_\_\_\_\_  
\_\_\_\_\_

**Are you allergic to any medicines?**

- No
- Yes

\_\_\_\_\_  
\_\_\_\_\_



**Past Medical History (Personal):** Please check all that apply

- Alcohol Overuse \_\_\_\_\_
- Allergies - Environmental / Seasonal \_\_\_\_\_
- Anemia \_\_\_\_\_
- Anxiety \_\_\_\_\_
- Arthritis \_\_\_\_\_
- Asthma \_\_\_\_\_
- Cancer \_\_\_\_\_
- Colitis \_\_\_\_\_
- COPD \_\_\_\_\_
- Colon Polyps \_\_\_\_\_
- Diabetes \_\_\_\_\_
- Depression \_\_\_\_\_
- Gout \_\_\_\_\_
- Heart Disease \_\_\_\_\_
- Hepatitis \_\_\_\_\_
- Hypertension \_\_\_\_\_
- High Cholesterol \_\_\_\_\_
- Insomnia / Trouble Sleeping \_\_\_\_\_
- Kidney Problems \_\_\_\_\_
- Prostate Problems \_\_\_\_\_
- Sleep Apnea \_\_\_\_\_
- Stroke \_\_\_\_\_
- Thyroid Disease \_\_\_\_\_
- Osteoporosis / Osteopenia \_\_\_\_\_

Other: \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_



**Past Surgeries:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_

**Hospitalizations / Serious Injuries:**

\_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_  
\_\_\_\_\_ Year \_\_\_\_\_

**Family History:**

**Mother**     Living    Age \_\_\_\_\_  
                  Medical problems: \_\_\_\_\_  
\_\_\_\_\_  
 Deceased    Age \_\_\_\_\_    Cause \_\_\_\_\_

**Father**     Living    Age \_\_\_\_\_  
                  Medical problems: \_\_\_\_\_  
\_\_\_\_\_  
 Deceased    Age \_\_\_\_\_    Cause \_\_\_\_\_

**Brothers** \_\_\_\_\_  
\_\_\_\_\_

**Sisters** \_\_\_\_\_  
\_\_\_\_\_

**Maternal Side:**    Aunts / Uncles \_\_\_\_\_  
\_\_\_\_\_  
                          Grandparents \_\_\_\_\_  
\_\_\_\_\_

**Paternal Side:**    Aunts / Uncles \_\_\_\_\_  
\_\_\_\_\_  
                          Grandparents \_\_\_\_\_  
\_\_\_\_\_

**Other** \_\_\_\_\_  
\_\_\_\_\_  
\_\_\_\_\_

**Social History:**

- Married    Widowed    Divorced  
 Single - Not in a relationship    Single - In a relationship  
Sexually active?    Never    Yes    Not currently

**Employment:**

- Full-time    Part-time    Currently not working  
 Retired    Legally disabled - since \_\_\_\_\_  
Student?    No    Yes F/T    Yes P/T

**Exercise:**

- Yes - \_\_\_\_\_ times per week  
 No exercise  
 Variable

**Caffeine Use:**    No caffeine    Yes - Check all that apply

- Coffee    Soda    Tea    Energy Drinks  
How many servings per day? \_\_\_\_\_

**Tobacco Use:**    Never smoked

- Previous smoker - Quit \_\_\_\_\_ years ago.  
 Currently smoke - For \_\_\_\_\_ years.  
How many cigarettes per day? \_\_\_\_\_  
Smokeless tobacco?    Yes    No

**Alcohol Use:**    No alcohol

- Social - How many drinks per week? \_\_\_\_\_  
 Daily - How many drinks per day? \_\_\_\_\_  
 Recovering alcoholic - Sober for \_\_\_\_\_ years.

**Drug Use:**    No history of drug use

- Yes, have used drugs in the past -  Marijuana    Heroin    Cocaine    Other  
 Yes, currently use \_\_\_\_\_  
Have you ever abused prescription drugs?    Yes    No



**FEMALES OB /GYN History:**

How many pregnancies have you had? \_\_\_\_\_

How many live births? \_\_\_\_\_

Vaginal or C/Section

How many miscarriages / abortions? \_\_\_\_\_

Any complications during any pregnancies? \_\_\_\_\_

**Menstrual History:**

Age you started menses \_\_\_\_\_

Are you still menstruating? \_\_\_\_\_

If yes, are your periods regular / irregular?

Last menstrual period \_\_\_\_\_

If no, when did you stop menstruating? \_\_\_\_\_

**FEMALES Preventative Screenings:**

Last mammogram \_\_\_\_\_ Results \_\_\_\_\_

Last dexascan \_\_\_\_\_ Results \_\_\_\_\_

Last pap / well woman exam \_\_\_\_\_ Results \_\_\_\_\_

Last colonoscopy \_\_\_\_\_ Results \_\_\_\_\_

Last routine labs \_\_\_\_\_ Results \_\_\_\_\_

Last routine physical \_\_\_\_\_ Results \_\_\_\_\_

Last chest x-ray \_\_\_\_\_ Results \_\_\_\_\_

Last cardiac stress test \_\_\_\_\_ Results \_\_\_\_\_

Last eye exam \_\_\_\_\_ Results \_\_\_\_\_

Last tetanus vaccine \_\_\_\_\_

Last shingles vaccine \_\_\_\_\_

Last pneumococcal vaccine \_\_\_\_\_

Have you had HPV vaccine? \_\_\_\_\_



**MALES** Preventative Screenings:

Last colonoscopy _____	Results _____
Last routine labs _____	Results _____
Last routine physical _____	Results _____
Last PSA (prostate blood test) _____	Results _____
Last chest x-ray _____	Results _____
Last rectal exam / prostate check _____	Results _____
Last cardiac stress test _____	Results _____
Last eye exam _____	Results _____
Last tetanus vaccine _____	
Last shingles vaccine _____	
Last pneumococcal vaccine _____	

**DIABETICS**

Last diabetic foot exam \_\_\_\_\_  
Last diabetic eye exam \_\_\_\_\_  
Last HbA1C \_\_\_\_\_

**CHILDREN (<18 years of age)**

Grade \_\_\_\_\_  
School \_\_\_\_\_  
Play sports? \_\_\_\_\_  
Last dental exam \_\_\_\_\_  
Immunizations:  Up to date  
 Currently not up to date  
 Never immunized  
 Not sure